

# ***WALKING FOR THE HEALTH OF IT EMERALD COAST STEPPERS***

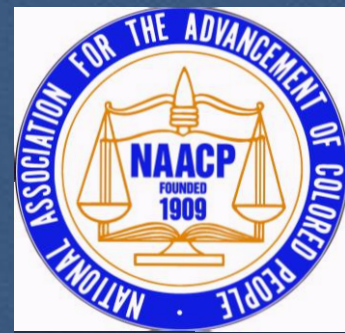
View [www.meetup.com/ok2walk](http://www.meetup.com/ok2walk)

Aug  
27th  
8:00 a.m.



## **Social Support for Exercise**

*Do you have the desire, but lack motivation? We want to help you, help yourself! Our goal - 200 people walking a combined 10,000 miles.*



Pick a partner or form a team and join us at Chester Pruitt Park, Ft Walton Beach on 27 August 2011